

## Emergency Kit Shopping List – Safety Items (Sheet 1 of 3)

✓	ITEM DESCRIPTION	QUANTITY	BIN #
	Prescription Medicines <i>(Having extra is a good idea so stash at least 2 weeks per medicine per person.)</i>	2 weeks per person	
	<a href="#">First Aid Kit</a>	1	
	<a href="#">Large Floating Flashlight with New Battery</a> <i>(not installed)</i>	At least 1	
	<a href="#">Unscented Candles</a> – preferably in tin or glass – minimum burn time of 9 hours per candle	12	
	<a href="#">Lantern</a> plus Large Pillar Candle <i>(IKEA is great for this!)</i>	1	
	<a href="#">Waterproof Matches</a>	1 box	
	Photocopy File of Important Family Documents <i>(Birth Certificates, SS Cards, Passports, Driver's License, Insurance Cards, Bank Info, Medical Info, etc.)</i> Store in Waterproof Bag		
	<a href="#">Headlamp</a> <i>(wearable flashlight, with new uninstalled batteries)</i>	At least 1	
	<a href="#">Water Purification Tablets</a>	At least 50 Tablets	
	<a href="#">Hand Crank Radio</a>	1	
	<a href="#">Whistle</a>	1	
	<a href="#">Solar Phone / Laptop Charger</a> with Appropriate Charging Cords <i>(Make sure the unit you get is compatible with your phones!)</i>	1	
	<a href="#">N95 Dust Masks</a> <i>(This allows for 2 per person. I recommend getting a couple extra if you can.)</i>	At least 12	
	<a href="#">Multi Tool</a> (including screwdriver, pliers, knife, can opener)	1	
	<a href="#">Hammer</a>	1	
	<a href="#">Axe</a> <i>(You may need this for cutting firewood, cutting through a door jam or a multitude of other uses.)</i>	1	
	<a href="#">Crowbar</a> <i>(Useful for prying open jammed windows and doors, removing debris and more.)</i>	1	
	<a href="#">Pepper Spray</a> (OR Knife OR Gun(s)) <i>Basically, you need something for self-defense. Stay in your comfort zone here.</i>	4 (if Pepper Spray)	
	<a href="#">Survival Handbook</a> <i>(Crucial unless you can guarantee you will be with a Survivalist)</i>	1	

NOTES:

## Emergency Kit Shopping List – Safety Items (Sheet 2 of 3)

☑	ITEM DESCRIPTION	QUANTITY	BIN #
	Cash. Small Bills in waterproof bag	\$250 minimum recommended	
	Lysol Disinfectant Spray (or wipes)	1 Can	
	Small Container of <a href="#">Bleach</a>	1	
	Strong Tape (Either Masking Tape or <a href="#">Gorilla Tape</a> )	1 Roll	
	<a href="#">Hiking Compass</a>	1	
	Large Duffel Bag or Other Sturdy Backpack	1 For Each Adult	
	Empty Water Bottles with Tight Fitting Lids (in case you need to leave the premises with water)	1 Per Person / Animal	
	<a href="#">Emergency Mylar Blankets</a>	At Least 1 Per Person	
	<a href="#">Hand Reflector (Camping Mirror)</a> (Used for signaling in emergencies)	1	
	Bug Repellent* (only if necessary in your area)	1 Bottle	
	5-Gallon Bucket with Tight Fitting Lid (These are about \$5 at Home Depot)	1	
	<a href="#">Earthquake Tool*</a> (if in Earthquake Zone – Mainly used for shutting off Gas valve)	1	
	<a href="#">Snaplight Chemical Glow Sticks</a>	1 Per Bed	
	<a href="#">Poly Rope</a> (250 Pound Load)	100 Feet	
	Blank Paper with Permanent Marker and Pens	1 of Each	
	Large Trash Bags	5 to 6	
	<a href="#">Rubber Gloves</a> (Make sure to get a size that all the adults can wear)	1 to 2 Pairs	
	Waterproof <a href="#">Storage Containers</a> (to hold all of the items on these lists – These are much cheaper at home supply stores like Target or Home Depot than online)	# Dependent of Size	
	Camping Gear (Tent, Sleeping Bag, Sleeping Pad, Inflatable Pillow)		

NOTES:

## Emergency Kit Shopping List – Safety Items (Sheet 3 of 3)

✓	ITEM DESCRIPTION	QUANTITY	BIN #
	<a href="#">8x10 Tarp</a> (optional if you have camping supplies)	At least 1	
	<a href="#">Camping Stove</a>	1	
	<a href="#">Fuel</a> For Camping Stove (check the requirements of your particular camping stove)	Enough To Last 5 Days	
	<a href="#">Activated Charcoal</a> (Natural binder that safely carries unwanted materials out of the digestive system)	1 Bottle	
	<a href="#">Roloids</a> (Get the plain white since they are the only Dye-Free option)	Small Roll	
	<a href="#">Neosporin</a>	1 Tube	
	<a href="#">Ibuprofen</a>	Individual Packs (3 to 5)	
	<a href="#">Acetaminophen</a>	Individual Packs (3 to 5)	
	<a href="#">Antidiarrheal Medicine</a>	1 Small Bottle	
	Hydrogen Peroxide	1 Bottle	
	<a href="#">Benadryl Dye Free</a>	1 Bottle	
	<a href="#">Redmond Clay First Aid Paste</a> (Use on burns, cuts, abrasions, insect bites, bruises, rashes, bee stings, blisters, poison oak, poison ivy and dry, itchy skin)	1 Tube	
	<a href="#">All-In-One Screwdriver</a> (with both Phillips and Flathead Tips)	1	
	USE THIS SPACE TO ADD ADDITIONAL ITEMS		

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